

# Remember *your* walk to school?

play • memories • friendship • happiness • adventure • nature • explore



*"I remember walking to my friends house and we would jump rope until dinner."*



*"I remember walking with my sister. It was time each day we got to spend together."*



*"I remember there was time on the way home to climb the tree in our front yard."*

*"I remember times when we would discover a large pile of leaves and jump in!"*



*"I remember stopping at my friend's house on my walk home. Sometimes we would play guitar outside."*



North Bay Parry Sound District  
**Health Unit**  
  
Bureau de santé  
du district de North Bay-Parry Sound

For more information on active school travel, visit [www.ontarioactiveschooltravel.ca](http://www.ontarioactiveschooltravel.ca) or [www.myhealthunit.ca](http://www.myhealthunit.ca)

Adapted from Leeds, Grenville and Lanark District Health Unit.